FORMATION OF SPIRITUALITY OF YOUTH
BY MEANS OF NATIONAL PEDAGOGICS

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Abstract. Among important problems of formation of harmoniously developed young generation is the problem of spiritual and moral education of the studying. In this article possibilities of national pedagogic in formation of spirituality of the personality are opened; genres of national pedagogic in which ideas and views about education of healthy generation, and preparation of youth for life and work are concentrated are considered. The author emphasized an educational orientation of such forms of national pedagogic as folklore, national crafts, ceremonies and customs which reflects popular wisdom, experience and are good example for formation of national mentality and the best human qualities. National cultural and moral wealth is transferred from generation to generation; they are always actuated and demanded by society.

Key words: national pedagogic, young generation, education, national songs, national games, social development, formation, spiritual heritage, spiritual and moral education.

Level spiritual culture of society, the individual is defined by their intellectual potential. The intellectual culture is formed on the basis of knowledge of laws of the nature and society, interrelation of the phenomena, scientific knowledge of mankind life, social development, assimilation and complete perception of scientific-theoretical data, repetition, representation, thinking and other mental processes.

On the basis of scientific knowledge of people daily deeply acquires essence of spiritual qualities and realizes them already at conscious level. Profound knowledge, abilities, skills make an ideological basis for many-sided spiritual culture. Active cognitive activity of youth serves as a support in formation of spiritual consciousness. On the basis of scientific-theoretical knowledge at the person the outlook, belief is formed, the positive relation to work, to the nature is defined, the legal consciousness and call of duty develops, moral qualities are improved. Creation and mood of any society is based on adoption of laws and rules of law which define order of functioning of the state and society.

Each social and economic system introduces the ethical standards, and these norms are acquired by consciousness of people and shown in their behavior. Level of moral consciousness of society serves as an indicator of a full development of members and at the same time an indicator of culture of society.

The spiritual culture of society is formed and develops on the basis of cultural requirements. Types of spiritual culture, its aspects and manifestations are various on form and content. Humanity, honesty, initiative, activity, creativity, truthfulness, responsibility, generosity, modesty, decency – all these concepts relating to spiritual culture.

Spirituality covers all aspects of life and society activity. One of sources of the universal and national values, serving to formation of spiritual culture of youth, the national pedagogic is. Manuals and edifications of our ancestors (generally in oral to a form), the heritages left quality to descendants, serve as an effective remedy of education of youth. Other types of national pedagogic, namely national traditions and ceremonies, national games, songs, applied art, national crafts, a sculpture and monuments, dances also enter spiritual heritage.

Important place in public and family life such types of spiritual heritage, as models of folklore occupy, thoughts and views of scientists and figures, an image of cultural and household life, labor values.

Folklore at all stages of art development was an embodiment and a source of the best and advanced traditions, spirituality of the people.

Spirituality of youth is formed on the basis of traditions, customs of the people, national values, and in this process the role of national pedagogic is undoubted. Therefore at education of comprehensively
developed personality it is necessary to use purposefully national and cultural wealth of the people of Central Asia, their national traditions and national pedagogic.

Works of national creativity of different genres – dastan (ethical poems) fairy tales, legends (legend), a proverb, a riddle, a tongue twister, a song, a consolation and soothing sayings carry an educational orientation which is expressed in the following:

– contain thoughts about health, a healthy lifestyle, reasoning on spirituality of youth and its development, have nature of continuity (transfer from generation to generation);
– ideas are reflected in national pedagogic about a hardening of an organism, need of occupations by physical work, the healthy nutrition, health consciousness and thinking; cares about personal health; about careful attitude to the nature and other ideas forming a basis of development of spiritual culture;
– the theoretical and practical ideas embodied in national pedagogic, are interconnected, on their basis the chain the personality – a family – society which influences consciousness of youth is created.

National songs – strong means of expression of national spirituality. Songs connected hardly dekhkan, cattle breeders, handicraftsmen, historical songs and songs – legends can tell today's youth about national history, soul of the people, a way of life of ancestors, different types of work and labor traditions. In national songs high feelings and moral qualities were sung: pure love, fidelity, true friendship and at the same time it was told about a difficult life, oppression, change, grieves. National songs urge children to be hardworking, moral, to appreciate friendship and friends. National songs should be used in formation of spirituality of youth as they are good means for development of interest to professions.

One of folklore genres – ceremonies widely reflects people way of life. Types of ceremonies: ceremonies connected with seasons (seasonal), house – household ceremonies (mourning, wedding ceremonies), ceremonies at execution of sorcery, plots, all of them were of great importance in people life. Seasonal ceremonies belonged to four seasons and reflected lives of people at the same time and their work. Family and household ceremonies opened mood of people in connection with important events for the person, showed their actions, relationship in given the period. For example, the ceremony of a greeting comprises wishes of health, safe life, success in all affairs. This ceremony turned into a good tradition, and on its example it is possible to form spiritual qualities of youth.

National games learn youth to patience and endurance, ability to operate themselves; in games self-confidence is shown, resourcefulness, fast reaction is formed. Games help to use correctly free time, to look for ways, for occupation by work. In the process of games the feeling of solidarity and cooperation, ability to subordinate the interests of interest of team, collective develops.

Researches show that on all the steps of the system of continuous formation of game serve satisfaction of social and biological requirements of youth, development of their spiritual culture, means of physical, mental, intellectual preparation for life.

National crafts, being important part of national pedagogic, personify national rational, cultural, geographical features. Traditional crafts of the Uzbek people cultivate love to work, humanity at youth, promote national consciousness and assimilation of national culture, impart skills of work, accustom to labor discipline.

For continuity implementation in the process of formation of spiritual culture of youth it is necessary to pay attention to pedagogical aspects of this process:

– constant explanation of essence of spirituality, historical roots of national spirituality, its unique samples, their modern development;
– education of national consciousness of youth on the example of national and cultural wealth, development of methods and methods of introduction of the concepts connected with education of the harmonious personality;
– development of spiritual culture of youth up-to-date with use of heritage of ancestors, national pedagogic;
– formation of a healthy lifestyle of youth by creation of a situation of mutual respect, an international consent, tolerance, honoring by a shrine and heritages of great thinkers of the past;
– increase of interest of youth to physical training and sports, national games, involvement of learners to active participation in festivals of national games and national sports;
– youth education in the spirit of love and devotion to the Homeland, humanity, disclosure of value of national traditions and customs, values in modern life, the organization of meetings, conversations, educational actions;
– carrying out various sports competitions in all links of system of continuous education;
– accumulation of experience in competitions in national sports, enrichment and about modern of national games, the organization of joint activity of a family, attracted, the state and public organizations on promotion of national cultural wealth, including national sports.

Achievement of physical perfection is a basis of development of healthy generation. The healthy generation means not only to be physical health, but the rich spiritual contents. Therefore ideas of national pedagogic about education of the harmonious person have to be put in modern system of formation of the personality.

In this regard national labor values can be used by preparation of youth for life and first of all, during the forming of healthy outlook, preparation for work of hectare the benefit of society and for prosperity of the Homeland, wellbeing of a family. In modern conditions the youth needs to be prepared for work in the conditions of market economy, which is to form skills of the business, the healthy competition at young people.

Examples of national pedagogic are a rich source and a material on which spirituality of young generation is formed. In national pedagogic found reflection of idea and views which and didn't lose today the relevance.

We will call the main:
– ideas healthy a way of life, cultures of health, the healthy lifestyle, transferred from generation to generation, in an oral and written form, have huge impact on youth;
– ideas of education of harmoniously developed personality combining spiritual, intellectual and physical perfection;
– ideas of humanity, good, justice which form a basis for creation of the democratic state and civil society;
– ideas of continuity and formation of moral consciousness of youth through an interaction chain: family → personality → society.

References