PEDAGOGICAL-PSYCHOLOGICAL ASPECTS OF SPIRITUAL AND IMMUNOLOGICAL EDUCATION

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Abstract: Formation of an inner world of youth is one of the leading directions of youth policy of any state. In this article the essence of spiritual and immunological education of youth of Uzbekistan in modern conditions is stated, psychology and pedagogical aspects of this process are opened, need of strengthening of spiritual-educational work in connection with distribution in the world of ideological threats in a look the extremist ideas, cyber-terror and others, alien and harmful to consciousness of youth of acts and theories is proved. In article the measures taken by the management of the Republic, for creation of the healthy spiritual and moral atmosphere in the country are shined, interpretation of the content of the concept "national and spiritual immunity" is given, tasks and stages of national and spiritual immunological education are defined. Value of formation at youth not only national consciousness, but also understanding of need of an international consent, respect for representatives of other nationality is especially emphasized.

Key words: spiritual education, immunological education, formation, studying youth, pedagogical education, pedagogical-psychological aspects, national and spiritual immunity.

Globalization processes in the modern world caused intensive spiritual and educational development of society. In these conditions in our country a number of the state documents, in which definite purposes and problems of formation of spirituality of youth at each stage of development of society is accepted.

Spiritual education of youth and the solution of problems in this direction in the Republic of Uzbekistan are built to level of a state policy. In this aspect the purpose of the present article consists in disclosure of pedagogical-psychological aspects of spiritual and immunological education of youth.

Realization of the main idea – creation of the independent state with the great future – is directly connected with psychological factors of spiritual and immunological education of youth. Optimization of this problem continues to remain an actual task. The psychological essence of spiritual and immunological education infringes on interests of pedagogical education, political science, sociology as formation of socioeconomic consciousness is connected with it. Formation of national ideology and spiritual and immunological education is connected with further increase of activity of society, development in citizens of the country of qualities of devotion to the Homeland, dedicated work for the benefit of the people.

"Immunological education" concentrates in itself national ideologies and spiritual views. "Immunology" as science belongs to the medicine sphere. "Immunity", from the point of view of medicine, ability of an organism to resist to emergence of diseases and to struggle with them.

The concept "immunity" in relation to national ideology and spirituality means ability to resist to ideas of fundamentalism and religious extremism and not only to resist, but also to struggle with them, and also with nationalist ideas. Therefore, immunological education of national ideology and spirituality is understood as "the equal rights of all people and the nations living in the republic, support of all political parties, political parties, political institutes, the public groups protecting ideas and theories of unity of all nations and common interests of the independent state; introduction of these ideas in consciousness of youth, positive influence of existing historical realities on the spiritual sphere of younger generation; system of the psychological measures directed on formation at youth of feeling of confidence of the future of the nation, philosophical, pedagogical, legal, spiritual, ideological, political, religious views and belief of today's youth".

It is possible to claim that no national ideology and spiritual and immunological education appear in itself and won't come anywhere. For their formation it is necessary that in society there was a requirement. This requirement arises when our youth gets under influence of such factors and the phenomena, as an egocentrism, racism, cyber-terror, "mass culture and freedom", religionism, narco-aggression, terrorism,
extremism, drug addiction, drug trafficking, chauvinism and other harmful acts. If to treat them without attention, consequences can be very serious.

In order that these harmful consequences didn't take student's youth, it is necessary to determine in a new way essence and problems of activity of immunological education and first of all – by distribution and reception information "Internet" through a global network. In this area modernization concerning providing is necessary to "computer safety", youth protections from information "danger".

Spiritual and immunological education is directed also on healthy lifestyle formation. The people of our independent country have traditionally developed way of life based on national values. The state policy is carried out today on the principles and the concepts "Healthy Life", "Healthy lifestyle", "Healthy Generation", "Healthy Belief", "Healthy People", "Healthy Consciousness", "Healthy Environment", "Harmoniously Developed Generation", "Perfect Personality".

Strategy of development of independent Uzbekistan has to be the basis for immunological education of studying youth as the states with the great future. The problem of introduction in consciousness and heart of youth of national idea of independence, formation of harmoniously developed generation is thus considered.

Formation of ideological immunity is carried out in the following sequence: release from ideological stereotypes of old system, prevention of ideological vacuum, protection of consciousness of youth against alien influences about harmful ideas; prevention of various ideological dangers. Thus it is necessary: first, to eliminate the facts of falsification of national history, secondly, not to allow free, antiscientific interpretation of the Islamic directions and acts about education of the perfect person, in particular Ahmad Yassaviy's views, Nakshbandy, Hodja Akhmad Valiy, Najmiddin Kubro and Boborakhim Mashrab; thirdly, to open essence of ideological dangers (the Islamic caliphate, followers of Akromiy, the actions Khithbut takhrir – their doctrine brainwashes youth, turning them mankurts – people from the past and without their histories); fourthly, to struggle with representatives of various currents, trying to inspire in youth of idea of enrichment by narco-business, human trafficking instead of directing youth on a way of science and education, initiative and creativity manifestation; fifthly, to inform youth on the events having terroristic character on the basis of extremist religious actions (an event in Namangan, Andijan, Tashkent, Surkhandarya, New York and other places); sixthly, not to allow distribution of false hearings among youth (about various religious actions, emergence false of hadiths, promises of representatives of negative currents of "paradise life", etc.); and, at last, seventhly, to protect youth from destructive ideas of an egozentism, indifference to everything and mankuritzm, "mass cultures and freedoms", having opposed them information and the facts on the positive changes happening in the world and in surrounding life, about new scientific and technical achievements and technologies, about modern intellectual development of youth – the scientific-theoretical basis of spiritual and immunological education consists in it.

The satisfaction designated above requirements occurs in system "national and spiritual immunity → requirement → psychological influence" which internal cores are the purpose, tasks, educational tools and methods of their realization.

If spiritual immunity is deeply created in psychology of masses, is perceived as a life basis, it becomes powerful social force. People with not created national ideology and spiritual immunity won't have a steady ethnic unity. Any person, the representative of a certain nationality can't but reflect on life and destiny of the nation, its future, culture, language, relations with representatives of other nationalities. National lines and qualities are embodied in the person of any nationality; interests are an integral part of personality.

National and spiritual immunity always attracts the person to the compatriots (on a national sign). Therefore the people who have grown up in other national environment, and even badly knowing the native language and culture, all the time involuntarily to reach for "tribes-people". This inner psychological state which is difficult for understanding and explaining. For example, Greeks and Germans, or the representatives of other nationality who have grown up under the influence of other culture, the traditions, not knowing sufficiently the native language, all the same are under the influence of the national and spiritual immunity, and even living far from the homeland, show care of the domestic, are proud of their progress, are afflicted, if on the historical homeland of difficulty and failure.

National and spiritual immunity is a feeling which has deep internal roots, but they is surely shown.

National and spiritual immunity defines social qualities of the personality and in the biological plan ("blood call") – transition of hereditary signs from generation to generation, as a whole national and spiritual immunity category psychological. From this known, national and spiritual immunity not usual feeling. It is
connected with national consciousness, integrity of the nation, remains as integrated public force, gives the chance to hold a firm place among other nationalities and is the spiritual and psychological principle.

Pedagogical and psychological aspects of spiritual and immunological education include: formation of historical memory at youth; introduction in their consciousness of ethnic roots of the Uzbek people; promotion and explanation of essence of national heritage, traditions, values; explanation of century dream of our grandfathers and the great-grandfathers, transferred from generation to generation, about freedom to the Homeland; reduction of examples about negative consequences of national and international disagreements for consciousness of the youth, generating such phenomena, as: regionalism, family clannishness, rupture of national unity, fundamentalism, religious extremism, the individualistic theories contradicting society; distribution of bad habits, bents among youth (alcohol intake, drugs); unbiased interpretation and finishing to youth of information on offenses and crimes in the youth environment and their condemnation from law enforcement agencies and the public.

Formation of national and spiritual immunity is directed first of all on awareness of need of an international consent of prevention of discrimination on a national sign, education at youth of feelings of humanity and patriotism.

Formation of national and spiritual immunity concerns not only pupils and students, but also to all youth. It not the temporary company, and the serious, continuous process which is carried out everywhere on the basis of the concrete plan taking into account the real psychological environment. National and spiritual immunological education is one of the main problems of formation of harmoniously developed young generation.

References